

right for retreat



Whether your goal is to improve your personal health and wellbeing or to inspire a collaborative group dynamic, sometimes retreating to a new environment can provide the needed spark. Spas, wellness centers, meeting hubs, resorts - all put a considerable amount of thought into the full experience of their customers. If they didn't, they'd be out of business. So the look and feel of the environments, the materials, the color palette, the amenities and the programs all combine to ensure a positive sensory and emotional response. But, while a lot of care has gone into how environments can impact the senses, it seems like less attention has gone into how they might impact health, wellness or human performance. Until Now.

 We can't balance peoples minds, bodies and spirits for them, but we can provide the necessary pre-conditions.

Can buildings really impact health and wellness? Abundant daylight, fresh air and views to the outside increase satisfaction, shorten healing time and put customers at ease. Frog spaces feature abundant natural daylight, fresh air and green, low-VOC materials, translating directly into improved focus, improved health, a sense of comfort and wellbeing.

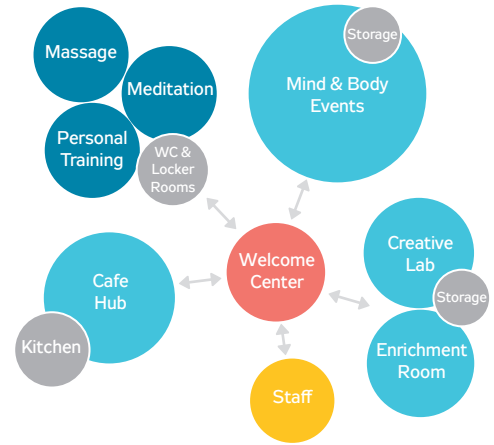
How do I distinguish the client experience? Clients want more than a getaway in a pretty place; they're looking for something soulful and transformative. Frog's bright, inviting, spaces express a strong ethos in every element of their design while providing flexibility for customization and branded experience.

How do I showcase our commitment to conservation and sustainability? Frog buildings were designed to be light on the land, visually integrate with their natural surroundings, and educate their users about the benefit of passive environmental systems. Designed with LEED and other green certifications in mind, our buildings can achieve up to 80% of LEED Silver certification points without even trying – and get to Zero Energy in a heartbeat.

Can I lower upfront and lifecycle costs? Frog's energy efficient design uses 40% to 50% less energy than traditional buildings, reducing lifecycle costs while increasing available funds to support staff and customer experience. Our shorter construction time also means doors can open within 6 - 8 months so that you can start serving customers sooner.

fit for inspiration

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adjacency diagram
wellness center ex7.1.1



site plan
wellness center ex7.2.1



frog fact
Americans spend on average 90% of their time indoors where environments can be up to 10x more toxic than outdoor environments. Frog's healthy, green indoor environments mimic healthy outdoor air quality.

Working with you. It couldn't be easier! Whether you are an architect, a facility manager or a curious customer, our team can provide the right tools that will help you determine if we're a good match for your project. Contact us or fill out a simple online questionnaire and our planning team will work with you to tailor your space and site plans, specify product and performance goals, and refine pricing and schedule.